

THE TROJOURNAL

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Princess Winnifred, (Christina Sparacino) studies for her Royalty Test in "Once Upon a Mattress." The play debuted Nov. 11. For more photos, see pages 8 and 9. (Photo by Sadie Myers)

Adverse health defeats arguments for abortion

By Jessica Conway

Abortion: The simple expulsion of an unborn fetus. It's just another form of birth control, right?

Wrong. Abortion is not only morally and ethically unsuitable, but the physical and mental consequences to a woman are severe.



Although, a large majority of today's society believes that abortion is just another form of birth control, as simple as a condom or "the pill," the adverse health effects of abortion are not worth the advantages, and it should be banned except in extreme cases.

The strongest argument against abortion is the adverse health effects that come to the women involved, many of which aren't known until after the procedure has already happened.

Problems that can develop include breast cancer; cervical, ovarian, and liver cancer; cervical lacerations; handicapped newborns in later pregnancies; and many more, some of which can lead to death.

The risk of breast cancer almost doubles after one abortion and rises even farther after additional abortions. Abortion has also been related to cervical and uterine damage that can increase the risk of premature delivery, complications of labor, and abnormal development in later pregnancies.

These are just the physical complications. Most women are hesitant even before the abortion and, therefore, some studies have shown women that have had mental problems such as post-traumatic stress disorder which can cause guilt, remorse, shame, lowered self-esteem, insomnia, nightmares, flashbacks, and anniversary reactions. Often times experiencing an abortion can even cause hostility towards men.

There are those that would argue that the advantages of abortion outweigh the terrible things that can happen, but the advantages of abortion are few. The main advantage is that it allows for the ending of unwanted pregnancies long after other birth control options have expired, but this

should not be a problem to begin with. Birth control options are wide and varied. A person just has to take advantage of the many methods out there to avoid unwanted pregnancies.

Others would put up extreme pro-abortion arguments saying that it should not be banned in any instances. Their arguments would include such things as "a woman has a choice to do what she wants with her own body."

I don't disagree with them. A woman does have the choice to do what she wants to her own body, but in abortion she isn't just harming her own body; she is harming the life of her unborn child. There are instances when this can not be avoided, but they are few. Such instances could include what are called "tubal pregnancies." This is when the baby begins to develop inside the fallopian tubes rather than inside the woman's womb. If not dealt with this can become a big problem and even lead to the death of both the woman and her child.

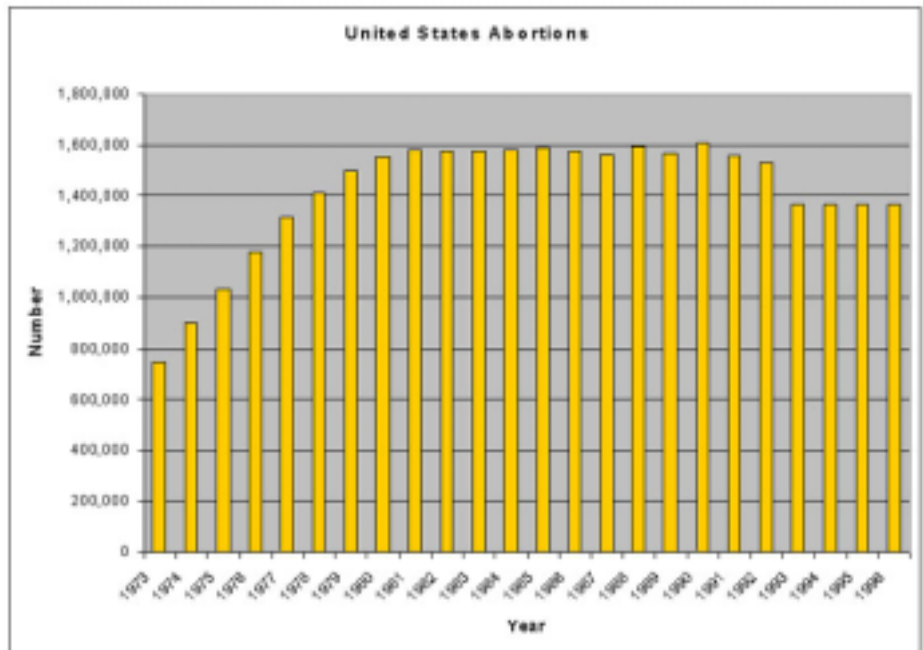
In cases such as this, abortion may become necessary. Other times that abortion may become necessary are when birth control is unavailable, such as in rape cases. These are some of the extreme cases referred to in the beginning of this article. Cases like this are very sensitive

and unfortunately cannot always be avoided. We must consider these extreme cases when talking of banning abortion completely.

Abortion is a very touchy subject and the solution to this problem is not an easy one to find. It cannot be completely banned because it does become necessary, but it is often used when other methods could have been used.

Therefore a compromise is in order. Don't make abortion just another form of birth control. Let's consider it as what it truly is, a complicated medical procedure that should require that the patient have both a medical and psychological referral before abortion is legal. This way the woman knows that there are possible consequences that will have to be dealt with later, and she will be mentally and emotionally prepared to deal with the guilt, remorse, and medical problems that may follow.

Abortion is a complicated issue in both moral and ethical values. The arguments for abortion and against it are many, and they differ from person to person. But the one issue that stays clear is the medical repercussions of abortion. We cannot go on allowing women to be harmed because of "birth control" that is unnecessary. Let's get something done.



Editors note: The above graph shows the number of abortions each year from 1973-1998. (Source: <http://www.euthanasia.com/usstat.html>.)

Koffman takes his aim for fame

By John Henry

He's a League Champion shooter, who, with his known shooting abilities, could almost be nicknamed Hawk-eye. But he doesn't play basketball. In fact, he doesn't even go out for a single sport.

His name is Clint Koffman. He is 14 years old, and his life is centered on shooting – trap shooting, that is.

Clint has been shooting ever since he was five years old. He grew up learning to shoot because of his father, John Koffman. He has been teaching Clint all about hunting and shooting throughout his younger years. As Koffman's dad noticed his skill increasing he began entering him in competitions.

"I love competing," said Koffman. "You get money and an award if you win. You also get to travel all over the state, competing."

Clint said that he loves the thrill of shooting in competitions and the challenge of hunting.

"I think the best thing about competitive shooting is shooting against adults and beating them," he said.

Koffman has been shooting competitively for two years. His first year of shooting competitively, he took second

place in the Kansas 20-gauge competition. The next year he came in third over the whole Kansas competition and received second place in Nebraska. He has also recently received first in a league competition.

However, Koffman wasn't just born with a natural ability to shoot. He practices twice a week at Gypsum Valley Sporting Clays where he shoots his Berretta 391. Gypsum Valley is also Koffman's sponsor for shooting competitions.

Koffman also participates in many hunting seasons. "I think I like hunting geese the best, mostly because they are waterfowl and they're a big bird," he said.

Southeast of Saline is considering the idea of sponsoring a trap shooting program in the spring, but school board members have not yet voted on the matter.

"I really hope they let us," Koffman said when asked what he thought about passing shooting clays as a sport here at SES. "I think it will teach kids good safety habits with guns and handling them. And if the kids won't learn to be safe, they shouldn't be able to shoot."



Board to consider trap-shooting club

By Colby Stephenson

A decision about a proposed trap shooting club will have to wait another month. High Schools for Habitat sponsor Mr. Kurt Krehbiel would have presented the plan at the November school board meeting, but decision was postponed until the December school board meeting due to lack of quorum at the November meeting.

John Henry, an interested student, said he thought this club would be a wonderful asset to Southeast.

"If this sporting event is passed it would give students within our school an opportunity they otherwise wouldn't have. It will also reinforce Kansas gun laws and safety habits while using guns," he said.

"There are currently about 30 to 40 students who want to be involved.

If the proposal goes through, the club will start in the spring," Krehbiel said. "Students will probably be asked to choose between shooting and the regular spring sports (track, baseball, and softball)."

He added that the group will practice two to three times a week at Gypsum Valley Sporting Club. Most of the instructing will be done by Rex Escher, who is a certified master instructor, and the sponsorship will primarily be done by Mr. Kurt Krehbiel and Mr. John Koffman.

Although currently there are not any schools in the area who hold this program, a few of the surrounding schools, Bennington, Ell-Saline, and Solomon, are interested in starting a similar program and have also begun the process of passing it within their own schools.

The idea has been instituted in other states such as Nebraska where there are approximately 37 schools involved and over 1,000 students who participate at the state level competition.

"If the club is approved, club members hope to fund it through sponsorships and donations," Krehbiel said.

Girls take a chance at a “man’s” sport

By Shannon Wilson

Sweaty boys, tight singlets, half-nelsons. Most girl would only dream of going out for the traditionally boy’s sport of wrestling, but freshmen, Charley Staab and Richelle Florke are making those dreams realities. When the first wrestling meet comes along on Nov. 30, they won’t be found sitting in the stands cheering for the boys; they’ll be on the mat wrestling right along with them.

Florke and Staab, who have been wrestling for several years, say that even though they are looking forward to the upcoming season, they have some fears about how the guys will react to the two girls on the wrestling team.

“I don’t really care what the boys think, but I’m kind of scared that they are going to kill me at practice,” said Florke, who has been wrestling for eight years.

The girls said that there are some disadvantages to being a girl in wrestling. They explained that they will have trouble convincing the team and their coach that they have the same abilities as all the boys on the

team.

“You have to work harder to prove yourself to your teammates and the coach,” explained Staab who has been a wrestler for six years.

Some boys on the wrestling team also have some trouble getting used to looking across the mat and seeing a girl as their opponent. Some of their teammates have commented about the physical stress that girls will have to go through and the rough treatment they will experience at practice. The opposing wrestlers will also have to adapt to facing girls in a match. Staab explained that, in the past, several wrestlers have forfeited the match rather than having to wrestle a girl. Florke, on the other hand, said she experienced a different type of problem with wrestling with boys.

“Most of the boys that I have wrestled wanted to wrestle me. Sometimes they even come up and flirt with me before the match,” she said.

Although Staab and Florke are the first females to wrestle at Southeast of Saline, there are a few other girls that wrestle.

“I’ve wrestled one in federation, but other than that I only wrestle girls if I go to a girls’ tournament,” said Staab.

When it comes to girls wrestling, one of the biggest concerns is the physical contact between the girls and their opponents, but these girls don’t really seem too concerned.

“When I wrestle I don’t really think about what I am touching,” said Florke laughing.

Even with all these concerns about girls wrestling, Florke and Staab said that their parents support and encourage their sport. Staab’s parents sent her to Minnesota for wrestling camp this summer and both of their parents have helped the girls by taking them to tournaments, traveling to matches far from home, and yelling like crazy.

“I don’t mind her wrestling,” said Staab’s mother Angela Staab. “If it doesn’t bother her then it doesn’t bother me.”

On Nov. 15 when the winter sports season starts, don’t expect to see Florke and Staab playing basketball or dancing. Watch for them on the mat, wrestling with the boys.

Soderberg is more than just a substitute

By Sadie Myers

“Some meat and cheese... maybe lettuce.” That’s what Dani Weese likes in a sub. Even though Mr. David Soderberg can’t provide that, Dani still thinks he is the ideal substitute teacher.

Weese is one of many students who have experienced a day with Mr. Soderberg as a substitute teacher, and she likes his style.

“Mr. Soderberg has to be one of my favorite subs because we work hard and still get to have some fun!” Weese said.

Soderberg, who worked as a sales representative in the roofing industry for 40 years before working at SES, has only been substituting for two years. Students have still come to know him as an outgoing person who seems to know about their athletic pursuits.

In his two years of subbing, he has only worked at Southeast, never at any other schools.

“He (Mr. Soderberg) is a really nice guy. He really supports SES students, and I’m always excited when I see he is my substitute,” Meaghan Ryan said, “Mr. Soderberg knows what he’s talking about.”

Soderberg said that he only subs at SES because he loves being associated with

the young people here.

“I just love this school! I love being associated with the young people, because they make me feel younger also,” Soderberg said.

Amanda Repp agreed.

“Mr. Soderberg is the definition of a substitute!” Repp said.

Soderberg believes you have to have a certain attitude towards substituting.

“You have to be lenient, but you can’t let it get out of hand,” Soderberg said of being a sub.

Mrs. Kay Soderberg, Soderberg’s wife, also is a substitute at Southeast. She has been subbing for 25 years, and he said she is a big help to him.

“I can use her years of experience to help me in different situations. If I have a problem with a student, she usually knows that student and how to handle that young person,” he said.

Part of Soderberg’s success is his knowledge of the students’ activities. Students can often find Mr. Soderberg in the stands at football or volleyball games and cheering on the cross country team by the track. Soderberg points out that Southeast students are exceptional.

“After sub-teaching at SES a few times, I could see that this school is special. It has great coaches and, more importantly, it has dedicated young men and women athletes. Their dedication has really shown in the fine year that all the teams have had so far. To show my support, I can only attend games, give words of encouragement, and a pat on the back for a job well done!”

Soderberg also said that he likes to keep track of a particular individual’s progress by writing it down and complimenting the student when he sees the student in his class.

Mr. Soderberg said he has really enjoyed subbing, but he wasn’t always so confident about how it would turn out.

“At first, I didn’t think I could handle it. But after a while, I just loved the interaction with the students in the classroom and even in the hallways,” Soderberg said.

Soderberg said he is really proud of all the Southeast students and describes himself as one of the best SES fans.

“I love seeing the young talent. When I see someone in a sporting event or a play or musical, it gives me goose bumps!” Soderberg said.



SES Care Group members Pablo Schiaffino, Brad Sleek, Andy Weber, Chris Weller, Cody Turnbull, and Shawna Caldwell participate in a presentation by Mr. Bill Cordes. The Care Groups attended a Friendship Conference in Hays on Nov. 10. (Photo courtesy of Mrs. Melinda Smith)

SES Care Groups take time for bonding

By Jessica Conway

“To help students feel bonded and connected to Southeast,” said Mrs. Melinda Smith when explaining the purpose of the SES Care Group. Recently the students involved got another chance to bond as they attended the Friend to Friend Workshop in Hays Tuesday, Nov. 10.

While there, the students listened to a speech by speaker Mr. Bill Corder about the importance of responsibility and ways to bond with the world around them. They also participated in small groups that taught them about communication and leadership.

That’s not all the Care Groups have been up to these past few months. They started off the year with a kick-off bar-

becue and music by sponsor Don Wagner at Jerry Ivy Park in August and then continued by building up their muscles at the St. Francis Ropes Course in Salina on Oct. 21. They also showed attended the musical “Once Upon a Mattress” and dinner on Nov. 11.

“Care Group offers consistent support, guidance, and concrete assistance to youth, while encouraging accountability and growth within the school,” Smith said.

As the year continues, Care Group is planning many more activities for the months ahead including a Christmas party, a play at the community theatre, a hockey game, dinner and a movie in Wichita, the SES all-school play, and a trip to Jumpin’ Joes.

Trust members attend life-saving conference

By Brian Dow

Though they weren’t at CPR training, three SES students learned recently how to save lives when they attended “IMPACT, Informing my Peers about Controlling Tobacco” seminar Nov. 10 at the Hilton Hotel in Wichita.

At the seminar Chris Weller, Brian Dow, and Amanda Repp participated in many different interactive tobacco prevention and control seminars ranging from “the effects of tobacco” demonstrations

to watching an MTV documentary of a young lady who died at age 31 from smoking cigarettes.

The students brought back the information they learned, and they plan to use it to help produce a tobacco-free environment for SES and Kansas. They will demonstrate the effects of tobacco and talk to the elementary students about a tobacco-free future. These talks will be presented by TRUST members.

Southeast Shorts

SES attends math relays

By Brian Dow

Nearly 30 students boarded the early morning bus on Thursday, Nov. 12 to compete in the Fort Hays State Math Relays.

They competed in areas such as Number Sense, Algebraic Manipulations, Trigonometry, Applications, and Calculations with Calculators.

Those who participated were Tristin Scheel, Sadie Myers, Shannon Wilson, Mitchell Mugler, Ozzy Smith, Corey Srna, John Christie, Brian Dow, Christina Platter, Alex Earles, Klint Spiller, Gracia Johnson, Robert Graham, Justin Schropp, Brady Srna, Carissa Kruse, Christina Sparacino, Christina Tillman, Andrew Gies, Andrew Simmons, Jeremy Plymell, Shelly Hillyard, Joe Rollins, Justin Dupes, Austin Barnes, Scott Sauber, Andy Clifford, Garrett Mugler, and Alex Mutschler.

Mr. Bob Sauber, the Math Relays SES sponsor, expects the results to be announced in a few weeks.

Ceramist visits SES

By Brian Dow

Believe it or not, school can actually teach you a trade that can make you money. That was Carol Long’s main message when she came to demonstrate her abilities to Mr. Kurt Krehbiel’s Ceramics classes here at Southeast of Saline last October.

Long, a ceramist in St. John, Kansas, has been selling her pots for twenty years, which is how she makes her living. She owns her own pottery store in St. John, Kansas.

Long became interested in ceramics during high school.

“I had a great teacher in high school and wanted to spend more time making pots,” Long said.

However, Long’s visit was not just about showing off her abilities; her visit to SES was about inspiring Krehbiel’s ceramics students to think outside the box. She wanted to show that students can make unique creations. She explained to them that they don’t have to make the same pot with a different paint scheme every time. She demonstrated that it is okay to manipulate your pots to a certain degree.

“She inspired me to become a more creative ceramics student.” said ceramics student Colby Stephenson

She wanted to show that making ceramics can vary in experience every time.

Sadie And Shannon's Super Silly Fun Page



Personal Foul?!

Sick and Tired

By Chelsie Green

I don't think I can get up today.
I'm not feeling so spiff
My head is pounding viciously
And my neck is kind of stiff

My knees are aching
And my back is out of whack
I can barely lift my head
So cut me a little slack

I think I rolled my ankle
I'm turning black and blue
I even have a hundred blisters
Aching from my shoe

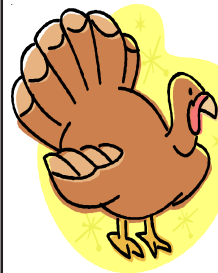
If I take one more breath
I just might pass out
My toe might be broken
And I think I'm getting gout

So if you could write me a note
To excuse me from practice tonight
My body will get some rest
And then I'll be alright

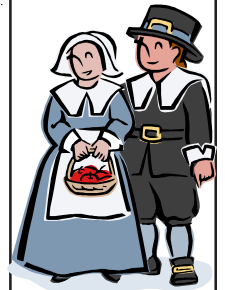
O wait! They cancelled practice.
I guess I'm feeling fine
I'm going to the movies
I'll be back at nine

Thanksgiving Extravaganza

K M R L Z C X W Q P S S F
A I P O C U N R O C E H N
E N B N S S I R S D V O O
E C C R E N M M V O I P R
F I Y A D X I A A M T P O
D H P I L R S S Y G A I O
L F A N G O V T J H L N G
N N B L I N R B F Z E G U
S I I G Q K Z I T L R A H
O P W J L W P Y E K R U T
Z B N I R W P M X S Z J F
F O O T B A L L U W R Q K
H L H T O B P U C P X X P



CALORIES
CORNUCOPIA
FOOTBALL
INDIANS
PILGRIMS
PUMPKINPIE
RELATIVES
SHOPPING
TURKEY
YAMS



Elissa Stein woke up to find that her hair a bit different than before she went to sleep on the way home from FCCLA Cluster meeting in Omaha Nebraska.

Actors debut story of Princess and



The Jester (Alex Earles) sings about his dad's very soft shoes while doing a little jig.



The Minstrel (Andrew Gies) plays his lute while telling the story "The Princess and the Pea."

Photos by Sadie Myers, Klint Spiller, and Kelsey Colby.



Queen Aggravain (Erica Stein) plans a vicious scheme to get rid of the Princess with the help of the Wizard (Calvin Roesner).



King Sextimus (Kyle Maine) and Prince Dauntless (Mark McClure) share a man to man "talk" about life.

the Pea in “Once Upon A Mattress”



Sir Harry(Chris Weller) and Lady Larken(Ashley Houchin) gaze lovingly at one another as they sing “Yesterday I loved You”



The Princess Winnifred (Christina Sparacino) yawns after a long day of dancing, studying, and swimming in the moat.



A Lady in Waiting (Chelsey Kincaid) runs in at the call of the princess to offer her services.



The Wench (Taylor Garretson) and King Sextimus(Kyle Maine) take a moment to flirt beyond the sight of Queen Aggravain.

Family devastated by murder of loved one

By Kelsey Colby

On Dec. 28, 1995, Katelyn Cyphers and her family's lives were changed forever. They were changed both emotionally and physically. Katelyn was only six years old, and the dramatic effects of this tragedy – the murder of Katelyn's aunt Gina in her house in Salina, Kansas — have haunted her to this day.

The murder occurred some time after Gina Cyphers took her son James to the "Morning out for Mom's" Daycare that was open every Thursday.

"That morning, she had dropped her baby boy off at a daycare in Salina, and when she hadn't shown up to pick him up later that day, people began to worry," Katelyn said.

They called Gina's boyfriend, and he came and picked up the baby, James, and took him home. What he found next was something that was completely unexpected and bone chilling. He walked into the house



Cyphers

to see Gina brutally beaten and lifeless.

At the same time, Gina's ex-sister-in-law, Katelyn's mother Kelly Rundquist, was at work and had no clue about what had happened.

"I was at work and kept hearing about a murder over the radio, and everybody was talking about it. I thought, how awful," said Rundquist. "I got home and got a phone call from Gina's father, and he told me what had happened. I was just devastated to find out that the murdered person on the radio was her," she said.

The families lives were drastically changed by the murder of their loved one.

"I lost that sense of security that you have in your own home. It took away a certain safety net. Before this happened, I would always leave the doors unlocked to our house without even thinking twice about it," said Rundquist.

Katelyn said that after everyone found out they started acting differently.

"Everyone was really sad and acting really weird," said Katelyn.

She said she was very young when this happened and the terror of the evening left her with night after night of nightmares.

"The worst dream I had was when I

dreamt of the person who murdered her. I saw a man with short blond hair and blue eyes," she said. "It really creeped me out. The death of Aunt Gina was disturbing to me, but I didn't cry because I didn't know her very well."

To this day, they still haven't found the man who did it.

"It's not fair. That man deserves to be in jail right now. It's so sad; it was so brutal," said Rundquist.

You may have noticed a couple years ago, there was a billboard in Salina by Hardees that had a picture of Gina Cyphers on it.

"She was a beautiful person; she was so kind and adorable," said Rundquist.

Katelyn said that it was just like a nightmare, and it doesn't seem real.

"Stuff like this just isn't supposed to happen to us," Katelyn said.

The tragedy of Gina's death has left a family hurt and it has changed the way they live. It changed their securities, but there is one positive thing that has come from the tragedy: They are closer as a family.

"This has brought us all together as a family, and even though it happened nine years ago, Gina's beautiful spirit is still fresh in our minds," Rundquist said.

Bicyclists travel far in extreme stunts

By Chelsie Green

Though bicycling may seem like an innocent and leisurely hobby, for Tony Kirkbride and Jimmy Thomas it is a hobby taken to an extreme.

In fact, their passion for bicycles is so extreme that they have ridden all the way to Salina from Gypsum. Even on a mountain bike or road bike, this sounds challenging, but Thomas and Kirkbride ride difficult-to-pedal stunt bikes on the 25-mile journey.

"We were bored one day and just started riding," Thomas said.

Riding long distances aren't the only bicycle activity Kirkbride and Thomas are involved in. With the help of Robert Spear and Josh Tucker, they have built a stunt biking track.

"Yeah we are still building on it today, once everyone can make the jumps we build on." Said Kirkbride.

Once regular jumps became less of a thrill, both moved on to try some pretty crazy stunts. Kirkbride tried to pull off jumps such as a 360 degree and a tail whip.

"Yeah, I've had some pretty nasty wrecks pulling off the harder stunts, sometimes we even compete on who had the worst wreck," Kirkbride said.

Unwilling to be considered less daring than Kirkbride, Thomas has tried his own stunts.

"I once tried to jump a fire pit," he said.

The fire pit that Thomas jumped was about 6 feet long, and it took a while to get enough speed to pull it off. As he got to the pit he had enough speed, but when he went to land something wasn't quite right and it resulted in a crash and burn, literally.

Though the jump didn't go as well

as expected, Thomas walked away from the fire with only a few minor burns.

Stunt biking is very dangerous, but both have managed to escape with only a few minor cuts and bruises.

Kirkbride and Thomas enjoy what they do, but for both of the boys' parents, it's not always their cup of tea.

"My dad thinks its cool, but my mom gets sick of bandaging people," Kirkbride explained.

As they get older, and jobs and cars come into the picture, there are still no signs of their interest in biking fading. Thomas already has a job and has even considered making stunt biking a profession after college.

Even though Kirkbride has never seriously thought of making it a profession, he shares the same opinion with Thomas.

"Yeah, I will just use my car to get to the bike tracks," he said.

Scholars' Bowl buzzes its way to success

By Klint Spiller

The Southeast of Saline Scholars' Bowl teams has begun their season with the varsity receiving two second place finishes and a third while the junior varsity has been awarded two first place finishes and a second.

The varsity team competed at Ellsworth on Nov. 1. The team finished 3-3, gaining second place. Team members included Robert Graham, Andrew Simmons, Alex Mutschler, and Brian Dow. The varsity next claimed third at Minneapolis where they finished 5-3. Team members included Graham, Simmons, Mutschler, and Christina Tillman. On Nov. 8, the varsity competed at

Few southeast students know about FFA greenhands

By Brent Sweany

What is a greenhand? Is it "a disease" like freshman, Samantha Elssaser thinks? How about a "good farmer or gardener" like seniors Dani Weese and Jessica Swanson think, or, could it be, "When you mix blue and yellow hands together" like junior Carissa Kruse thinks?

Other students around Southeast had many different ideas about what a greenhand is; Ryan Unruh, sophomore: "someone with more than a green thumb," Chelsey Mueller, junior: "type of a flower," and Sadie Myers, freshman: "someone who helps Mrs. Disberger in the greenhouse."

Quivira Heights where they finished second with a 6-3 record. The members on that team included Mutschler, Graham, Tillman, and Simmons.

The junior varsities was off to a slow start after not placing in the first two meets, but since then have finished in the top two in the last three meets.

At Russel on Nov. 8, the junior varsity team claimed second with a 5-2 record. The members on that team included Dow, Klint Spiller, Ozzie Smith, and Brent Sweany. The next week, the same team claimed first after going 5-1 at the Concordia meet.

Two days later on Nov. 18, the junior

These are all good answers, but none of them are even close to the truth. A greenhand is a first year student in FFA; a greenhand is not "Someone who has lost all circulation in their hand, making it turn green," as senior Emily Diaz thinks.

A greenhand learns all about FFA while he or she participates in specialized greenhand career development events (CDE's), taking classes designed to teach them the basics of FFA and letting greenhands learn by experience.

Although most SES students didn't even have a clue about what a greenhand is, they hopefully do now.

varsity brought home another first from Belleville, finishing with a 6-1 record. Team members included Dow, John Christie, Kayla Hemphill, and Carlie Kraeger.

"I think we finally figured out what we were doing the day that we got the gold medal. I am glad we woke up," Dow said.

There was a varsity meet on Monday at Solomon, but the results were not made available in time for publication. The team members included Graham, Scott Sauber, Andrew Gies, Calvin Roesner, and James Hemphill.

Greenhand Par-law team provides opening ceremonies for SES FFA Open House

By Brent Sweany

SAE, Ag Mechanics, National FFA Convention, Introduction to Agriculture, these are only some of the many FFA activities and classes that were presented on Nov. 9 during FFA Open House.

FFA parents, future FFA members, students, and teachers attended the Open House.

President Jesica Brown started the evening by introducing the greenhand FFA ritual team for opening ceremonies, and a chili supper followed.

Afterward, downstairs in Mrs. Brandie Disberger's room, guests watched a slideshow about National Convention, learned about our greenhouse, taste-tested this year's FFA salsa, and watched the greenhand parliamentary procedure team conduct a mock FFA meeting.

"The FFA open house gives the families of the members and FFA supporters a chance to see what we have been doing in our FFA chapter," John Henry, FFA greenhand said.

The SES FFA greenhand Par-law and ritual team competed in Manhattan on Nov. 11. The greenhands earned third place in the parliamentary procedure contest and fifth in the FFA ritual.

The team won third place overall and will receive a Par-law plaque for Southeast of Saline.



Gracia Johnson reacquaints with Gracia Burnham after the Dillon Lecture on Nov. 15. Johnson, who was named after Burnham, attended the lecture as a gifted enrichment activity. Burnham and her husband, missionaries to the Phillipines, were taken hostage by rebels. She was wounded and her husband was killed in a crossfire in a rescue attempt.

Columnist breaks down Heisman race

By Skylar Nosker

As we're coming to the end of November, the Heisman trophy race is starting to heat up. With only a couple of games left for each contestant, I'm going to break down the race for you.

The biggest talk in this year's race is all about freshman running back from Oklahoma, Adrian Peterson. This is causing a lot of controversy because, generally, old Heisman winners and sports writers feel it's best if a freshman doesn't win.

One contender in this year's race is the 2003 Heisman winner and Peterson's teammate quarterback Jason White. White, being a former Heisman winner gets to cast a vote for this year's race. White has frequently reported that he is voting for Peterson.

Peterson, who's leading the race, has had the best season of any freshman rushing for over 100 yards in first eight games, stopping that streak last Saturday against Nebraska. Peterson all season has rushed for 1,431 yards on 254 carries and nine touchdowns.

White, projected second, has completed 65 percent of his passes for 2,351 yards and 28 touchdowns. White is not having as great of a season as last year when he threw for 40 touchdowns and only 10 interceptions with 3,846 yards.

In third place is the University of Southern California's quarterback Matt Leinart. Leinart has completed 65 percent of his passes for 2,348 yards with 23 touchdowns and five interceptions.

Leinart's teammate, running back Reggie Bush, is still in the race but re-

ally has no shot at winning the Heisman.

Two more teammates from California, quarterback Aaron Rodgers and running back J.J. Arrington, still have a shot. But there is one sleeper pick who I think should win the Heisman.

Alex Smith, the quarterback from Utah, I think is the most valuable player in the NCAA but because of who he's up against, he's not going to win the Heisman.

Smith has thrown for 2,440 yards completing 66 percent of his passes with 27 touchdowns and only two interceptions with a QB rating of 179.3.

So, after going through all these stats, my opinion is that Adrian Peterson will become the first freshman to win a Heisman, although Alex Smith should win it.

Sports Picks



NCAA Football

| <u>Date</u> | <u>Game</u> | <u>Skylar</u> | <u>John</u> | <u>Klint</u> |
|--------------|--------------------------------------|---------------|----------------|--------------|
| Fri. Nov. 26 | # 22 Texas A&M vs. #6 Texas | Texas | Texas | Texas |
| Fri. Nov. 26 | Colorado vs. Nebraska | Nebraska | Colorado | Colorado |
| Sat. Nov. 27 | Notre Dame vs. #1 USC | Notre Dame | USC | USC |
| Sat. Nov. 27 | #18 Virginia vs. #15 Virginia Tech | Virginia | VT | VT |
| Sat. Nov. 27 | Georgia Tech vs. #11 Georgia | Georgia | Georgia | Georgia |
| Sat. Nov. 27 | #23 Ok. State vs. Texas Tech | Oklahoma St. | TT | Oklahoma St. |
| Sat. Dec. 4 | #15 Virginia Tech vs. #12 Miami (Fl) | VT | Miami | VT |
| Sat. Dec. 4 | #4 California vs. Southern Miss | California | Southern Miss. | California |

NFL

| <u>Date</u> | <u>Game</u> | <u>Skylar</u> | <u>John</u> | <u>Klint</u> |
|----------------|----------------------------------|---------------|--------------|--------------|
| Thurs. Nov. 25 | Indianapolis vs. Detroit | Indianapolis | Indianapolis | Detroit |
| Thurs. Nov. 25 | Chicago vs. Dallas | Chicago | Dallas | Dallas |
| Sun. Nov. 28 | San Diego vs. Kansas City | San Diego | KC | San Diego |
| Sun. Nov. 28 | Jacksonville vs. Minnesota | Minnesota | Minnesota | Minnesota |
| Sun. Nov. 28 | Baltimore vs. New England | New England | New England | New England |
| Sun. Nov. 28 | Philadelphia vs. New York Giants | N.Y. Giants | Philadelphia | N.Y. Giants |
| Sun. Nov. 28 | Miami vs. San Francisco | San Fran | San Fran | Miami |
| Mon. Nov. 29 | St. Louis vs. Green Bay | Green Bay | Green Bay | St. Louis |

Lady Trojans set records as they say goodbye

By Amanda Harding

A record-setting volleyball season has drawn to a close, and the team, which went 22-11 on the season, bids the six starting seniors goodbye.

The seniors hold a number of records. Chantay Seim holds the court shuttle record, done in 8.7 seconds, the most varsity career digs with 388 and single season digs with 146. She had a 96 percent serving record, the most in a varsity career and a 98 percent serving record in a single season, and finally she held the most net point gained of 148.

Jessica Swanson hammered 558 kills in her varsity career, 203 in a single season; 95 stuffs in her varsity career and 36 stuffs in a single season; and 226 blocks in her varsity career, with 83 in a single season.

April Ptacek managed 130 aces in her varsity career, 40 in a single season, and she had the highest passing efficiency, 2.7 out

of a possible three.

Shelly Hillyard holds records for the most assists in her varsity career with 1,219, and she also claimed the most assists in a single season with 616.

"This group of seniors holds all of the volleyball records with the exception of vertical jump. This is an indication of the level of talent. This group will be missed because of their incredible talent but more importantly for their great leadership. I do, however, have great confidence that the underclassmen are ready to step in and fill their shoes!" Coach Peshia Ptacek said.

Some of the girls are worried about the spots they will have to fill and others are ready to go at it head on.

"I think next year will be great! I know I am going to miss the Senior Six — they left some big shoes to fill — but I feel we can step up and do our best," said player

Samantha Hargadine.

The girls' overall outlook on the season was that they did well but couldn't believe it ended so soon.

"The overall season went well with an upset at the end, but the memories I have made with these girls will be with me forever... and I will always remember the SENIOR SIX!!!" said a member of the senior six Jessica Swanson.

Teammate April Ptacek agreed.

"This year was great despite the end coming so soon. The last four years have been awesome, and I wouldn't have asked for a better group of girls to play with. I will never forget THE SENIOR SIX," she said.

"We didn't expect the season to end the way it did, but overall it was the best season out of my four years of playing high school volleyball," Chantay Seim said.

Cross Country teams meet year goal and head to state

By Klint Spiller

The Southeast of Saline Trojan cross country teams concluded their season on Oct. 30 at Wamego, achieving their primary goal: to qualify both teams for State.

The boys, who made their third consecutive State appearance, were paced by sophomore Clinton MacDonald's All-State sixth-place performance.

The team finished the meet in ninth place with 176 points.

The girls, who came into the meet ranked ninth in the state, fulfilled the expectations that were set for them, ending with 211 points and ninth place as well.

Head coach Wade Caselman showed both approval and disappointment over his cross country teams' performances.

"I was pleased with the girls' ninth place finish and was satisfied with the guys and their ninth place finish, but I was hoping we (the guys) would finish a little bit higher," Caselman said.

Nevertheless, Caselman was pleased that both of the teams made it to State. In order to qualify for State, the teams had to place in the top three in their Regional at Halstead. The boys placed second in their regional with 75 points, earning their first regional plaque in six years. The girls, who headed into the meet as the dark horse, squeaked by and finished third as a team after winning the tie breaker with Halstead, scoring 89 points. In a tie breaker, it comes down to which team's sixth runner finishes first. Southeast's sixth runner, Sophomore Meaghan Ryan, acted as the savior for the girls' team fin-

ishing ahead of Halstead's sixth runner in a time of 15:20.

Qualifying both teams for the State meet was a feat that has only occurred one other time in the last five years, so the runners were excited.

"We did an awesome job. We stayed together pretty close. It was the best we did all season," Zerbe said.

At State, the girls were led by junior Joni Heimer's 33rd place finish in a time of 13:53. Zerbe finished 61st with a 14:36, and sophomore RanDee Platt followed in a time of 14:47 placing 69th.

Senior Jessica MacDonald and sophomore Kelsey Colby finished as the girls' fourth and fifth runners with times of 14:52 and 14:58, earning 70th and 73rd respectively.

The girls' time gap between their first and fifth runners was a minute and five seconds.

"I think we ran really well as a group. We helped push each other," Jessica MacDonald said.

The boys were ranked seventh, heading into the race, but came up short of expectations with their ninth place finish.

MacDonald led the Trojan men with a time of 17:11, earning sixth place along with All-State honors.

"I feel like there's a lot of room yet for improvement for next year," MacDonald said.

Junior Mark McClure finished 52nd in a time of 18:40 and was followed closely behind by senior Ian Hughes, who finished 55th in 18:43.

Southeast's fourth runner, sophomore Klint Spiller, ran the course in a time of 19:10, finishing 69th. Junior Brady Srna rounded out the

boys' performance with a 72nd place finish in a time of 19:13, a personal best.

The boys' time gap was two minutes and two seconds.

"I think we could have ran better, but there's always room for improvement. I feel we ran well overall," Srna said.



Chelsey Mueller charges past her opponent at the Regional meet at Halstead. The girls placed third over all. (Photo courtesy of Mr. Gary McClure)

Trojans head into new season with new leadership

By John Christie

This season's boys' basketball team is looking at some changes, and "adjusting" will be a key concept for them. The team has a new head coach, and has also lost quite a few seniors from last year's squad.

The Southeast boys have lost a lot of their inside size with the losses of Jason Mann and Travis Penn. They have also lost some outside shooting in the form of Bret Keeler and Nick Ryan, as well as some key substitutes in Troy Terry and Derek Kruse.

The team does have a few returning varsity players from last year, though. The squad returns Garret Mugler, Ian Hughes, Jeremy Plymell, Justin Schropp and Bryson Flax, all of whom saw noticeable varsity time

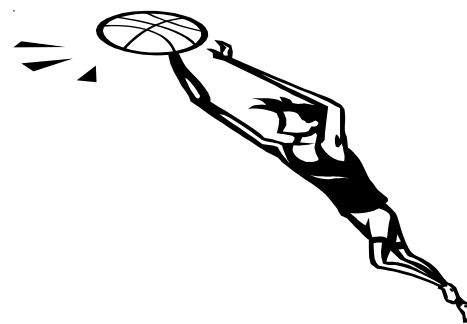
last season.

The Trojans also have a new league opponent this season in Sacred Heart. This provides yet another challenge for the Southeast boys to overcome in the 2004-2005 season.

Plymell didn't seem worried, however, as he said that he thinks everyone will be playing as a team.

"I think that this year we will be more team-oriented instead of individuals, and we'll do everything that is best for the team," he said.

The Southeast Trojan boys will open the season on Dec. 3 at home against Lost Springs-Centre.



Trojan Boys at a glance



Coach: Mike Davert

Key Losses: Jason Mann, Travis Penn, Nick Ryan, Bret Keeler, Troy Terry and Derek Kruse

Returning Seniors: Ian Hughes, Garret Mugler, Jeremy Plymell and Lukas Spare

Key Returners: Jimmy Mcdowell, Justin Schropp and Bryson Flax

Promising Additions: Brady Srna and Nick Hardesty

Lady Trojans set sights high with five returning seniors

By Mandy Harding

With five returning seniors — Jessica Swanson, Erica Stein, Chantay Seim, Danielle Weese, and April Ptacek— the Southeast girls' basketball team has set their goals high.

"I feel that with the majority of the starters returning we will come out strong and dominate the court," Swanson said.

Ptacek agreed.

"I feel that we have a lot of experienced and talented people on our team. We can be very successful if we put our minds to it," she said.

The girls are hoping to improve on last year's record of 10-11.

"We have a very good nucleus returning with this year's team. If we can keep focused on our goals, it should be a very enjoyable season," Head Coach Wayne Sager said. "I do expect the girls to get up and down the floor as usual. We aren't a very tall team, so it makes no sense to slow every-

thing down. We are shorter so we need to get the ball up and down the court as fast as possible."

Sager also said that Sacred Heart is expected to be one of the top teams in the state and Beloit will be very good as well. The league should be very balanced this year. Russell lost some pretty good players. Beloit did to, but they have a very good younger class coming in.

Meet the Trojans night for the high school will be Nov. 30.

Twenty-five girls plan to participate. A new addition to the team is Mr. Kip Wilson, a student teacher in social studies classes, who will help out with the "C" team.

"Even though it is my first time coaching girls, I'm excited for the opportunity. The number one goal is to simply show steady improvement throughout the season," Wilson said.

Trojan Girls at a glance



Coach: Wayne Sager

Key Losses: Madison Myers, Jamie Brown

Returning Seniors: Jessica Swanson, Erica Stien, Chantay Seim, Dani Weese, April Ptacek.

Key Returners: Brooke Kent

Promising Additions: Jessica Macdonald, Brandi Pounds, Holly Henry, Samantha Hargadine, Kelsey Brown

Football team goes 11-1

By Skylar Nosker

"Doing whatever it takes to get to the top of the mountain." This quote has been the sign of inspiration for the Southeast football team all season.

The Trojans battled for two months before completing the best record the school has ever had, boasting an 11-1 record and being the first team ever to go undefeated and untied in the regular season.

With a few scares along the way, the Trojans managed to stay at the top of the list of dominating team in class 3A.

However, the Trojans' dominating season ended last Friday at Garden Plain, when the Trojans, number three in the state, took on the number two team in the state.

Garden Plain scored early and didn't let the Trojans catch up. The final was 21-52.

Before that, the Trojans versed Norton at Regional. The Trojans' controlled the ball on both sides of the field, stopping the Blue Jays to no production on offense or defense. The Trojans won 21-7.

The Trojans got a complete scare, though, in a Bi-District game against Hoisington. Hoisington was 4-5 coming into the game, but the Trojans were able to prevail after Matt Myers blocked a PAT late in the game. The Trojans won 20-19.

At the end of the year, the Trojans finished with a school-best 11-1 record, a League championship, divisional championship, and a Regional championship.

Sports Box

By: Skylar Nosker & John Christie

Volleyball

| | |
|-----------------------------|---------------------|
| Aug. 31-@Minneapolis Quad | 1-2 |
| Lincoln | 25-17, 25-1 |
| Dodge City | 25-23, 23-25, 8-15 |
| Salina South | 16-25, 24-26 |
| Sept. 7-@ Russell | 2-0 |
| | 25-15, 26-24 |
| | 21-25, 25-23, 15-4 |
| Sept. 11-SES Inv. Trny. | 1-2 |
| Salina South | 25-27, 23-25 |
| Wichita Home S. | 25-16, 25-23 |
| Little River | 23-25, 27-25, 13-15 |
| Sept. 14-Belleville | 2-0 |
| | 25-15, 22-25, 15-5 |
| | 25-16, 25-16 |
| Sept. 21-@ Minneapolis | 2-0 |
| | 25-19, 20-25, 25-23 |
| | 25-17, 25-23 |
| Sept. 28-@ Beloit | 2-0 |
| | 25-18, 25-12 |
| Oct. 2-@ Concordia Trny. | 4-2 |
| Beloit | 25-14, 25-19 |
| Minneapolis | 24-26, 25-17, 25-16 |
| Belleville | 24-26, 25-17, 25-16 |
| Clay Center | 18-25, 19-25 |
| Riley County | 23-25, 23-25 |
| Clay Center | 25-21, 25-21 |
| Oct. 9-@Council Grove Trny. | 2-3 |
| Clay Center | 18-25, 25-23, 24-26 |
| Sacred Heart | 18-25, 15-25 |
| Sante Fe Trails | 18-25, 25-19, 19-25 |
| Council Grove | 25-22, 25-16 |
| Chase County | 25-12, 25-14 |
| Oct. 19-Sacred Heart | 0-2 |
| | 16-25, 25-21, 22-25 |
| | 20-25, 16-25 |
| Oct. 23-Sub-State | 1-1 |
| Belleville | 25-19, 25-13 |

Lyons 18-25, 17-25

Record 15-12

Football

| | | | |
|----------|-----------------------|-------|---|
| Sept. 3 | @Beloit | 34-7 | W |
| Sept. 10 | Minneapolis | 28-22 | W |
| Sept. 17 | @Russell | 37-19 | W |
| Sept. 24 | Sacred Heart | 28-14 | W |
| Oct. 1 | @ Belleville | 58-0 | W |
| Oct. 8 | Ells. (Homecoming) | 74-3 | W |
| Oct. 15 | @Marion | 34-7 | W |
| Oct. 22 | Hesston (Sr. Rec) | 14-13 | W |
| Oct. 29 | @Hillsboro | 34-8 | W |
| Nov. 2 | Hoisington (Bi-Dis.) | 20-19 | W |
| Nov. 6 | Norton (Regionals) | 21-7 | W |
| Nov. 12 | Garden Plains (Sect.) | 21-52 | W |

Record 11-1

Cross Country

Boys:

| | | |
|----------|-------------------|-----------------|
| Sept. 3 | Abilene | 4 th |
| Sept. 9 | Hesston | 4 th |
| Sept. 18 | Clay Center | 5 th |
| Sept. 23 | SES Inv. | 5 th |
| Sept. 28 | Lyons | 2 nd |
| Oct. 9 | Riley County Inv. | 2 nd |
| Oct. 14 | League | 2 nd |
| Oct. 14 | Downs | 3 rd |
| Oct. 23 | Reg. @ Halstead | 2 nd |
| Oct. 30 | State @ Wamego | 9 th |

Girls:

| | | |
|----------|-------------------|------------------|
| Sept. 4 | Abilene | 3 rd |
| Sept. 11 | Hesston | 11 th |
| Sept. 18 | Clay Center | 8 th |
| Sept. 23 | SES Inv. | 5 th |
| Sept. 28 | Lyons | 3 rd |
| Oct. 9 | Riley County Inv. | 4 th |
| Oct. 14 | League | 4 th |
| Oct. 14 | Downs | 4 th |
| Oct. 23 | Reg. @ Halstead | 3 rd |
| Oct. 30 | State @ Wamego | 9 th |

Wrestlers look forward to new season

By John Henry

The Southeast of Saline wrestlers are rolling out the wrestling mats and getting prepared for the 2004 fall wrestling season to begin.

Head Coach Jeff Tanner said that he is looking forward to a great year.

"Our returnees for this year are Adam Spaeny, Coy Cox, Austin Barnes, Chris Weller, Zach Tanner, Matt Breen, William Ballou, and Andy Weber," he said. "Although we lost Jeremy Will, I am still looking forward to a great season this year."

Tanner said that the returning players seem mentally as well as physically ready for the season, but he can't say much about the team's rookies except

they will soon be whipped into shape.

"I work the new guys just as hard as the others. The first two weeks will be hard on them all," Tanner said, explaining how hard the team will be pushed this season.

The first dual will be held at Ellsworth on Dec. 3.

"I'm very, very confident about our first dual. Ellsworth is good, but I'm sure we'll take them," Tanner said. When asked about his opinion on girl wrestlers he replied, "I am not sure what to think. I've never dealt with it before. They're doing well so far. We'll see at the first meet. As long as they work as hard as the boys I'm okay with it."

Trojan Wrestling at a glance



Coach: Jeff Tanner

Key Losses: Jeremy Will

Returning Seniors: Adam Spaeny, Coy Cox, Austin Barnes, Matt Breen, William Ballou

Returners: Chris Weller, Zach Tanner, Andy Weber.

FCCLA members journey to Nebraska for cluster meeting

By Kelsey Colby

The big city of Omaha, Nebraska was hit hard this weekend with a little extra added population. Two thousand FCCLA members hogged hotel rooms, raided shopping malls, and ate in the restaurants when the 2004 FCCLA Cluster meeting was held in Omaha this weekend.

Southeast had 13 students out of the 2,000 in attendance. There were many activities including shopping, ice skating, dancing, and listening to motivational speakers.

Each of the students from SES had their own opinions of what they thought was the most exciting about the whole trip.

“My favorite part was definitely the speaker, Josh Shipp. He taught me to be more of a leader and not a follower. I learned not to let people effect the way I make a decision and to just be myself,” said Katelyn Cyphers.

The two motivational key note speakers that were at the conference were Josh Shipp and Frank Santana. Shipp spoke of life experiences and how people should be good leaders not bad ones. Santana told the students of how he gave up his old lifestyles and went from being involved with gangs to graduating from Harvard.



FCCLA members pose for a group picture while ice skating in Omaha, Nebraska. (Photo by Sadie Myers)

Between speakers and breakout sessions, where the members learned about different parts of the FCCLA organization, there was a little bit of time for sightseeing.

One of Linsey Bolte’s favorite parts of the sightseeing was going ice skating.

“I’ve never been before, and it was just a completely new experience for me, but I caught on quickly. By the end of the time, I was skating backwards and swing dancing on the ice,” she said. Besides going ice skating, the group also went shopping and enjoyed fine dining at fancy restaurants like Spaghetti Works.

To wrap up all the activities of the weekend, there was a dance held on Saturday night.

“The dance was awesome. There was like a thousand girls and like 20 guys. The ratio was like one to 20,” said Ryan Unruh.

Unruh also said that he enjoyed the ice skating, and learned how to become a better leader.

Broadcasting to produce TV-quality with new equipment

By John Christie

Imagine watching TV-quality videos in the cafeteria produced by the broadcasting class. That is just one thing that can be accomplished by the equipment – video/audio editing software, animation software, a video paint program, three video cameras and four computers — the school purchased this summer for the broadcasting class.

A new video editing system and an audio lab that are now up and running in the technology lab are a small portion of the \$24,000 in new equipment that was installed for the broadcasting class this summer.

SES also purchased four new computers to be used for Broadcasting, along with video and audio editing software. The video editing software includes Video Toaster 3, Lightwave and Aurora.

The class so far has only learned the basics of the Video Toaster 3 and hasn’t yet started using Lightwave or Aurora.

Instructor Mr. Tom Williams said that there are many capabilities of these programs and that he and co-instructor Mr. Wayne Sager are also learning as they go. Still, both are impressed with the capabilities that are yet untapped.

For example, Lightwave, an animation creation program, was used exclusively in the creation of Jimmy Neutron.

The other program, Aurora, could be called a video paint program. It will allow students to create slight changes in the way a video appears, such as being able to change the color of an object to crop things out.

One of the computers is used for audio editing. On this computer is the program Sound Forge. Sound Forge is used to do all kinds of audio editing from simply cropping the length to adjusting pitch or speed of the music.

Other equipment included in this purchase are three Canon

digital video cameras, two professional Shure studio microphones, 27” television for control booth, and two other computers used to display elementary and secondary events in the cafeterias, central and district offices.

The audio lab features a separate small room with two microphones. This room is connected to the main lab by cords that feed the sound directly into the computer. The lab, which includes a window to the main lab, lets students record audio for introductions or to record an audio track to add to a video recording, such as when editing commentary for a football game.

The video lab also features a separate room. In this room there is a green screen setup and two video cameras giving a direct feed to the video toaster computer.

It also has a lighting setup which gives the videos a more professional look.

The computer also has some very extensive features. It is a dual monitor setup, meaning it has two monitors functioning as a single display. This allows the user two view more windows at one time, making editing easier.

The program that is used for video editing, VT3, can display videos or images on the green screen to be used as a background for interviews.

SES Management Information Systems (MIS) director Mr. Neal Heidel, who researched and recommended the purchase of the equipment, said that Southeast is also working on a cooperative collaboration with Cable Access TV in Salina. He said that he hopes collaboration with Cable Access would allow the students to gain knowledge of the uses of our equipment as well as some real life experiences. Cable Access would provide some trained students to help work as well as another source of incoming videos.